








Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
LOCATION KEY S.H. = Sacred Heart Ctr. G.A. = Guardian Angel Ctr. S.A. = St. Ann Ctr. S.T. = St. Therese Ctr. M.C. = Marian Center S.J. = St. Joseph Center T.L. = Tara Lounge D.R. = Dining Room C.C. = Carmel Circle	Craft Room is Closed 1 10:00 Sing A Long S.T. 10:00 Music Memory & Motion S.A. 10:00 IN2L S.H. 10:00 Current Events S.J. 11:00 Mass in the Chapel Canada Day	10:00 Crafts w/Natalia 2 10:00 Healthy Steps Exercise S.H. 10:00 IN2L Exercise M.C. 10:00 Ring Toss G.A. 10:00 Balloon Swat S.J. 11:00 Mass in the Chapel	Craft Room is Closed 3 10:00 Healthy Steps Exercise S.A. 10:00 IN2L S.J. 10:00 Light Exercise to Music G.A. 10:00 Elder Song Sing A Long M.C. 11:00 Mass in the Chapel	 4 11:30 – 2:30 Accordion Music w/Ed Marando – On Units Independence Day (US)	5 10:00 Friday Craft Group 10:00 Morning Stretch S.J. 10:00 Puzzle Time S.T. 11:00 Mass in the Chapel	6 9:30 Mass Ch. 8 & 268 10:00 Sing A Long S.J. 10:00 Ball Toss & Music S.A. 10:00 Questions in a Basket G.A.	
10:00 Mass Ch. 8 & 268 7 10:00 Darts S.J.  10:30 Bible Study w/Fr. Conrad M.C.	Craft Room is Closed 8 10:00 Sing A Long S.T. 10:00 Music Memory & Motion S.A. 10:00 IN2L S.H. 10:00 Current Events S.J. 11:00 Mass in the Chapel	10:00 Crafts w/Natalia 9 10:00 Healthy Steps Exercise S.H. 10:00 IN2L Exercise M.C. 10:00 Can Bowling G.A. 10:00 Balloon Swat S.J. 11:00 Mass in the Chapel	Craft Room is Closed 10 10:00 Healthy Steps Exercise S.A. 10:00 IN2L S.J. 10:00 Light Exercise to Music G.A. 10:00 "Roll A Tie Game" M.C. 11:00 Mass in the Chapel	Craft Room is Closed 11 10:00 Ball Toss & Music S.J. 10:00 Newspaper Review S.A. 10:00 IN2L Games S.H. 10:00 Ball Toss & Music G.A. 11:00 Mass in the Chapel	12 10:00 Friday Craft Group 10:00 Morning Stretch S.J. 10:00 Bowling S.T. 11:00 Mass in the Chapel	13 9:30 Mass Ch. 8 & 268 10:00 Sing A Long S.J. 10:00 Ball Toss & Music S.A. 10:00 Questions in a Basket G.A.	
10:00 Mass Ch. 8 & 268 14 10:00 Darts S.J.  10:30 Bible Study w/Fr. Conrad M.C.	Craft Room is Closed 15 10:00 Sing A Long S.T. 10:00 Music Memory & Motion S.A. 10:00 IN2L S.H. 10:00 Current Events S.J. 11:00 Mass in the Chapel	Our Lady of Mt. Carmel 16  10:00 Healthy Steps Exercise S.H. 10:00 IN2L Exercise M.C. 10:00 Balloon Swat S.J. 11:00 Mass in the Chapel	Craft Room is Closed 17 10:00 Healthy Steps Exercise S.A. 10:00 IN2L S.J. 10:00 Light Exercise to Music G.A. 10:00 Elder Song Sing A Long M.C. 11:00 Mass in the Chapel	Craft Room is Closed 18 10:00 Ball Toss & Music S.J. 10:00 Newspaper Review S.A. 10:00 IN2L Games S.H. 10:00 Ball Toss & Music G.A. 11:00 Mass in the Chapel	19 10:00 Friday Craft Group 10:00 Morning Stretch S.J. 10:00 Puzzle Time S.T. 11:00 Mass in the Chapel	20 9:30 Mass Ch. 8 & 268 10:00 Sing A Long S.J. 10:00 Ball Toss & Music S.A. 10:00 Questions in a Basket G.A.	
10:00 Mass Ch. 8 & 268 21 10:00 Darts S.J.  10:30 Bible Study w/Fr. Conrad M.C.	Craft Room is Closed 22 10:00 Sing A Long S.T. 10:00 Music Memory & Motion S.A. 10:00 IN2L S.H. 10:00 Current Events S.J. 11:00 Mass in the Chapel	10:00 Crafts w/Natalia 23 10:00 Healthy Steps Exercise S.H. 10:00 IN2L Exercise M.C. 10:00 "Would You Rather?" G.A. 10:00 Balloon Swat S.J. 11:00 Mass in the Chapel	Craft Room is Closed 24 10:00 Healthy Steps Exercise S.A. 10:00 IN2L S.J. 10:00 Light Exercise to Music G.A. 10:00 "Would You Rather?" M.C. 11:00 Mass in the Chapel	Craft Room is Closed 25 10:00 Ball Toss & Music S.J. 10:00 Newspaper Review S.A. 10:00 IN2L Games S.H. 10:00 Ball Toss & Music G.A. 11:00 Mass in the Chapel	26 10:00 Friday Craft Group 10:00 Morning Stretch S.J. 10:00 Ball Toss & Music S.T. 11:00 Mass in the Chapel	27 9:30 Mass Ch. 8 & 268 10:00 Sing A Long S.J. 10:00 Ball Toss & Music S.A. 10:00 Questions in a Basket G.A.	
10:00 Mass Ch. 8 & 268 28 10:00 Darts S.J.  10:30 Bible Study w/Fr. Conrad M.C.	Craft Room is Closed 29 10:00 Sing A Long S.T. 10:00 Music Memory & Motion S.A. 10:00 IN2L S.H. 10:00 Current Events S.J. 11:00 Mass in the Chapel	10:00 Crafts w/Natalia 30 10:00 Healthy Steps Exercise S.H. 10:00 IN2L Exercise M.C. 10:00 Ring Toss G.A. 10:00 Balloon Swat S.J. 11:00 Mass in the Chapel	Craft Room is Closed 31 10:00 Healthy Steps Exercise S.A. 10:00 IN2L S.J. 10:00 Light Exercise to Music G.A. 10:00 One & Done Dice Game M.C. 11:00 Mass in the Chapel	 JULY 2024 St. Patrick's Manor Morning Calendar			

ACTIVITIES ARE SUBJECT TO CHANGE. Mass is offered Mon – Fri. Communion w/Seminarians. Shabbat Service Fri 4:00. Hairdresser by appt. Address: 863 Central St. Framingham, Ma 01701